

Minutes of the Meeting of the Medical Commission 2016 in Baku

September 8th 2016 at 9.00 hours

Present:

Chairperson: Dr. Jana M. Bellin (ENG)

Secretary: IA Arthur A. Schuering

Members: Dr Guillermo Isidron Marcelo (Cuba); Dr. Dwi Hatmisari Ambarukmi (INA); Jonathan Speelman (ENG) Kivanc Gungor (TUR).

Observers: Nigel Freeman (FIDE), Jean Claude Moingt (FRA), Stephane Escafre (FRA), Herman Hamers (NED).

1. The Chairperson opens the meeting.
2. Apologies have been received from GM J. Platchetka, Prof. Dr. T. Ganz and Dr. H.J. Hofstetter.
3. Mission Statement

The Commission accepts the following FIDE Medical Commission Mission Statement:

The Medical Commission aims to help chess players to optimise their physical condition for the rigours of competitive chess;  
the Medical Commission ensures FIDE compliance with the World Anti-Doping Agency's (WADA) Code;  
the Medical Commission conducts doping controls at top events organised by FIDE;  
the Medical Commission prepares changes of the FIDE Anti-Doping Regulations according to the guidelines of WADA and disseminates information to players regarding prohibited substances and procedures;  
the Medical Commission stimulates education of chess players on doping, nutrition and physical preparation;  
the Medical Commission also collates reports which different National Federations (NF) send in regarding the results of their national doping controls.

Medical Commission recommendations for inclusion in the bidding process for major FIDE competitions:

- a. The provision of sufficient equipment, appropriately trained medical and paramedical personnel and a clearly defined procedure to cope with a serious medical emergency;
- b. A venue with adequate ventilation and hygiene facilities.

(The evidence for points a and b to be submitted to the Medical Commission)

- c. Responsibilities of the local Organising Body  
The responsibilities of the local Organising body for Drug Testing at FIDE Competitions (World Championships, Candidate matches/tournaments,

World Cup Competitions, Olympiads, World/European team Championships, Continental Games) are:

1. Secure local transfer, full board accommodation and remuneration (stipend) for the FIDE principal responsible for testing.
2. Suitable testing premises at the playing location (subject to Medical Commission principal's approval).
3. Arrangements with NADA: provision of trained personnel with urine-testing probes, as supplied by NADA.
4. Financial responsibility for the NADA testing officer's booking arrangements, transport and full board accommodation.
5. Financial responsibility for laboratory analysis (in-competition testing).
6. The tests are usually compacted into 2 to 4 days in order to contain costs. The exact requirements - dates of testing, number of probes, the specifications for trained personnel (male, female or both) - for a particular competition will be communicated by the Medical Commission to the organisers 4 weeks before the start of the competition.
4. FIDE is completely compliant with the WADA Code,
5. The Chairperson reports about the activities during the last year. All the doping controls went smoothly and there were no refusals and no positive tests.
6. The testing Pool consists of 15 top players, 10 male and 5 female.
7. In 2015 there were tests in the female world championship tournament in Sochi and the European team championship in Reykjavik. At the candidates tournament in Moscow in 2016 doping tests could not be conducted because accreditation for the Russian laboratories was suspended. Doping test of the participants of the Candidates tournament will be conducted during the Olympiad at the cost of the organisers in Moscow. WADA has not yet reported the testing figures of 2015.
8. National Federations reported on national doping controls.
9. The Medical Commission started cooperation with the Trainers Commission on education about doping. In 2015 and the first half of 2016 presentations of doping information were given during Trainers Seminars in Benasque (Spain), Reykjavik and Prague and there is a translation of the doping education into Spanish. Dr. Isidron is willing to give a presentation in Spanish in Cuba.
10. Any other business  
Mr. Escafre gives information about a congress in Hopital Necker imagine institute in Paris about the health benefits of chess for sick people. More about this can be found on [www.healthhandchess.kaissa-consulting.fr](http://www.healthhandchess.kaissa-consulting.fr). A liason with the Social Projects Commission is recommended.

Dr. J.M.Bellin

Chairperson

A.A. Schuering

Secretary