



APPENNDIX to the Medical Commission Report

Application for the removal of CHESS from the list of sports where Beta-blockers are prohibited in competition

Reasons for application:

- 1 Chess is a sport not limited by age or physical fitness, although a high degree of general fitness is required at the highest level.
 - 1.1 Beta-blockers are widely prescribed for the control of hypertension and cardiac dysrhythmias.
 - 1.1 It is not medically advisable (and potentially seriously harmful) to discontinue treatment with Beta-blockers for the conditions listed in 1.1
- 1 The time-limit rules in high level chess competitions have changed,
 - 2.1 The shortest time-limit for one move is now 30 seconds.
 - 1.1 Any potential (theoretical) reduction of hand tremor ascribed to Beta-blockers would not constitute an unfair advantage under the altered time limit.
- 3.0 Continuing inclusion of chess on the Beta-blockers prohibited list would be likely to result in an increase of TUEs and in increased administrative costs for no logical reason.

The Medical Commission of FIDE, after careful consultation with FIDE Executive Board and with leading competitors, is unanimous in requesting that the therapeutic use of Beta-blockers is not prohibited in CHESS.

Dr.J.M.Bellin,
Chairperson of FIDE Medical Commission



Dear Dr Bellin,

This message is to inform you that the FIDE request to remove beta-blockers from the 2007 Draft Prohibited List has been well received by WADA.

This request will be processed as part of the comments received on the draft 2007 Prohibited List by the List Committee at its meeting early September.

Dr. Olivier RABIN
Director, Sciences
World Anti-Doping Agency / Agence Mondiale Antidopage