



Chess like a tool to work with kids
(and adults) with ADHD.

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CHESS4ADHD.COM

Some lines about me

- Director of chess4adhd.com
- Member of FIDE CHESS & EDUCATION COMMISSION
- Prized in London Chess Conference 2015 for chess4adhd.com project
- Work in social projects, prisons, adhd, elderly people.
- Participate in 2 Erasmus + Projects like trainer, administrative controller and coordinator in Spain.
- FIDE Instructor / International Organizer
- International Arbiter since 2004 (4 Olympiads)
- I have been Chess Teacher for more than 25 years
- Usually i work with kids with special educational needings



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LUIS BLASCO DE LA CRUZ

Luis Blasco de la Cruz



- › International Arbiter, FIDE Instructor and International Organizer.
- › Member of Commission of Chess & Education (FIDE EDU) of International Chess Federation (FIDE) since 2010.
- › Advisor for the Commission about ADHD and Special Educational Needs.

1st prize in "London Chess Conference" as best social entrepreneur project using chess as a tool with "chess4adhd.com"

Speaker in some of the most important Conferences on educational chess in Armenia, Brussels, London, Tromsø, Munich, Poland, Turin, Madrid, ...

- CEO of Madrid Chess Academy

STUDENTS WITH SPECIAL EDUCATIONAL NEEDS

DISABILITY

SERIOUS BEHAVIOR DISORDER

GENERALIZED DEVELOPMENT ISSUE

CHILD AUTISM

ASPERGER DISORDER

OTHERS...

LEARNING DIFFICULTIES

STUDENTS WITH SPECIFIC NEEDS OF EDUCATIONAL SUPPORT

ADHD

OTHERS...

HIGH CAPACITIES INTELLECTUAL

ADD

MOTOR CONTROL

- PASSIVITY
- SLOWNESS
- CLUMSINESS
- DYSGRAPHY

MENTAL CONTROL

- SLOW RESPONSES
- DISORGANIZATION
- INEFICIENCY

EMOTIONAL CONTROL

- DISINTEREST
- IMMATURE AND CHILDHOOD BEHAVIORS

ADHD

MOTOR CONTROL

- RESTLESSNESS
- HYPERACTIVITY
- CLUMSINESS
- DYSGRAPHY

MENTAL CONTROL

- QUICK ANSWERS WITHOUT THINKING
- INATTENTION
- INEFICIENCY

EMOTIONAL CONTROL

- SOCIAL IMPULSIVITY
- IMPATIENCE
- DISINHIBITION
- EGOCENTRISM

**GENERALIZED
DEVELOPMENT
ISSUE**

CHILD AUTISM

**IT AFFECTS:
SOCIAL INTERACTION
VERBAL AND BODY LANGUAGE
-MANIFEST: VERY REPETITIVE ACTIONS**

ASPERGER DISORDER

**MANIFESTS DIFFICULTIES IN:
COMMUNICATION
SOCIALIZATION
AND BEHAVIOR**

ASPERGER

- **ERRATIC BEHAVIOR THAT OCCURS EVERY DAY**
- **YOUR COMMUNICATION AND LANGUAGE SKILLS ARE AFFECTED. THEY CAN'T CAPTURE SOCIAL SIGNALS OR FACIAL EXPRESSIONS**
- **COMMON REPETITIVE BEHAVIORS**
- **THEY TAKE AN OBSESSIVE INTEREST IN A SINGLE TOPIC AND MAY BE ANNOYED BY SOME CHANGE OF RITUNE**
- **THEY MAY BE SITTING FOR SEVERAL PERIODS OF TIME IF THEY ARE INTERESTED IN SOMETHING**
- **THEY MAY EXPERIENCE DELAYS IN THE DEVELOPMENT OF THICK OR FINE MOROTAS SKILLS**

ADHD

- **ERRATIC BEHAVIOR IN RESPONSE TO OTHER FACTORS AND TRIGGERING EVENTS**
- **INTERACT WITH OTHERS, BUT HAVE PROBLEMS WAITING FOR HIS TURN AND MAY INTERRUPT OTHERS IN CONVERSATION**
- **REPETITIVE BEHAVIORS DO NOT ALWAYS OCCUR**
- **ALWAYS BEHAVES IN AN UNEXPECTED AND UNPREDICTABLE WAY**
- **YOU HAVE PROBLEMS TO FOCUS ON AN ACTIVITY, REGARDLESS OF INTEREST IN THE TASK**
- **DEVELOPMENT OF MOTOR SKILLS DEVELOPS OVER TIME**

CHESS CLUB 64 VILLALBA



- We started to work in 2012 with ADHD like a Club, together with ADHD associations, mental Health entities and families. Its not a matter of chess clubs and competition fields is more important to threat with families and associations.
- We believe in the idea about chess has a lot of benefits and helps in many fields but not miracle lines or magic cure.
- In ADHD, competition give us a lot of stress we want to avoid it as much as posible.

π A club should not mix children with ADHD and children with not, if the objective of the families are not the same.



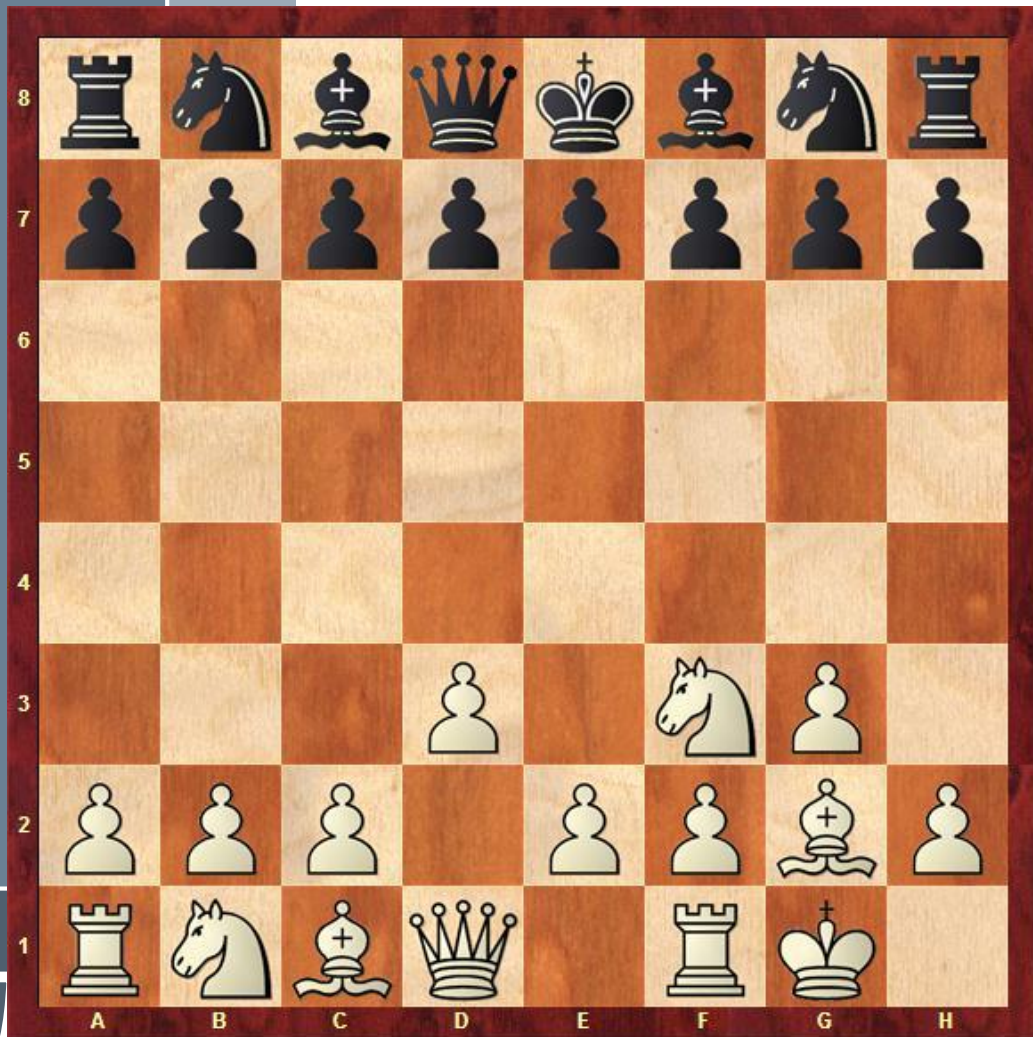
CHESS 4 ADHD

- In 2012 we started to work with ADHD Together with APDE SIERRA and other ADHD associations. Its not a matter of chess clubs and competition fields.
- Our Project developed a methodology in 2012 to make an study about chess & ADHD.
- We received a prize in 2015 like the Best project entrepreneur using chess like a tool in London Chess Conference.
- We try to involve families and ADHD associations.
- Personalized small groups, individualized treatment knowing the problema of each student in detail since these children come not only to play chess, but to improve certain skills too.

CREATIVITY



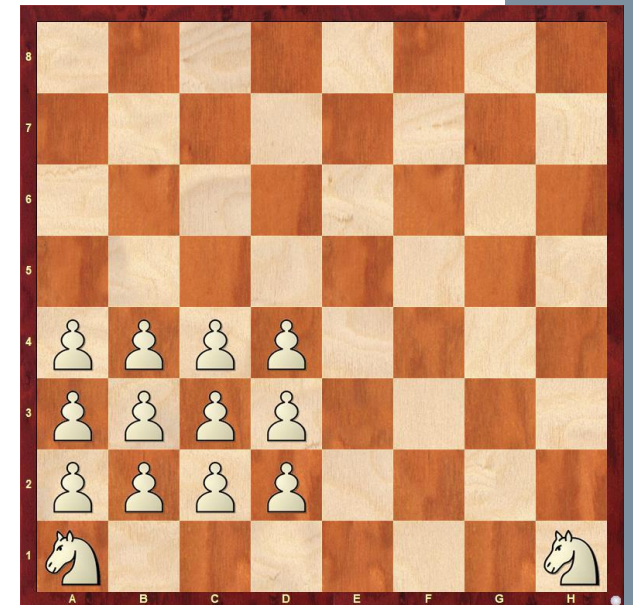
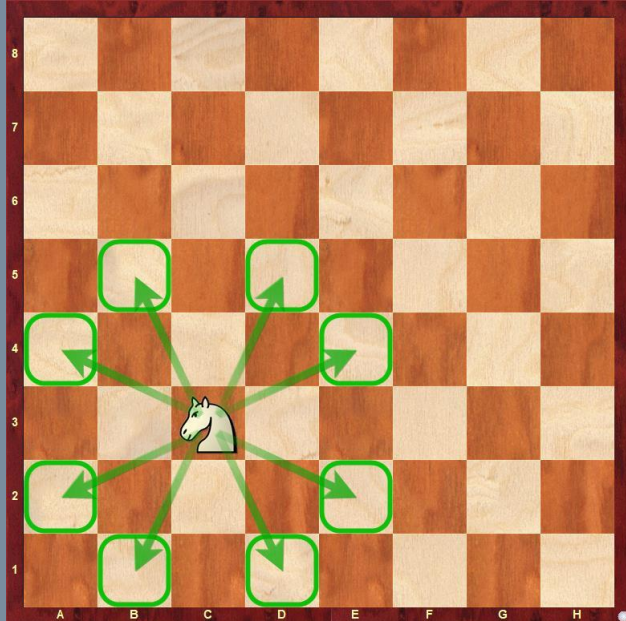
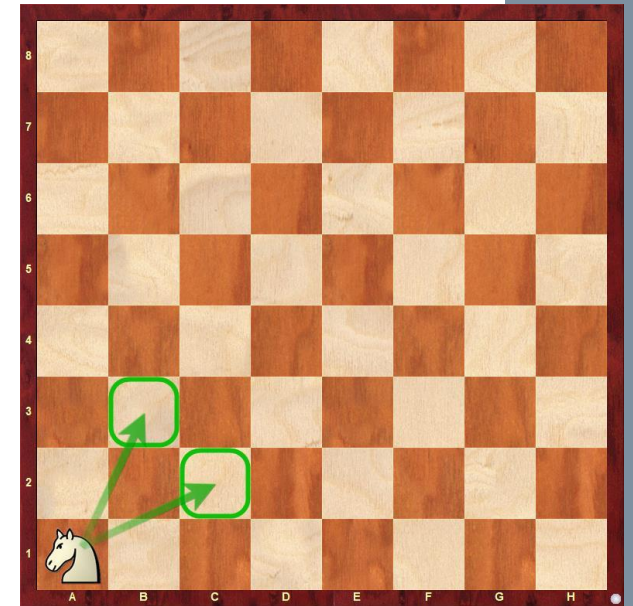
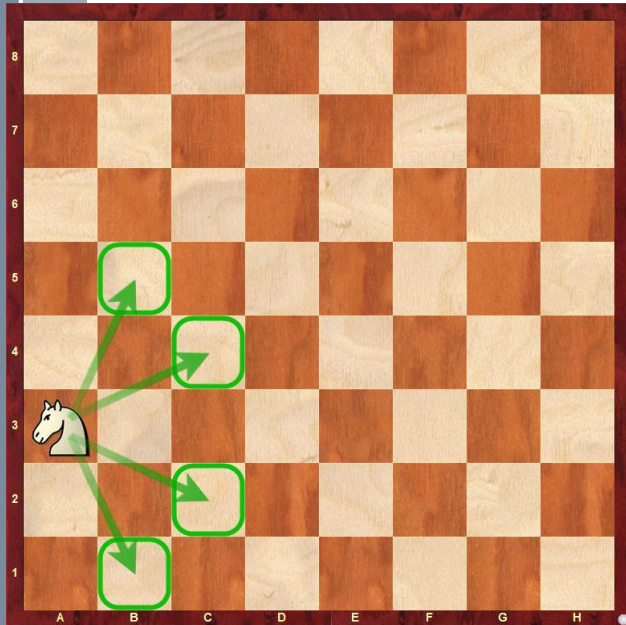
SURVIVAL CHESS



TRY TO
EXPLAIN
THINGS BASED
IN EXAMPLES

FOR EXAMPLE
MOBILITY

MINIGAMES ARE OK FOR THIS KIND OF KIDS



SECRET OF OUR SUCCESS

- MOTIVATION
- EFFORT
- PARENT SUPPORT
- ILLUSION
- HARD WORK
- PATIENCE
- SPECIFIC WORK

Special Thanks to

- Chessbase and other chess platforms to leave us to create diagrams without kings
- Swiss Manager and other pairing programs to adapt system 3-2-1 points.



HOW TO WORK WITH PEOPLE WITH ADHD

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TASK FOR US

1. KNOW WHAT IS ADHD, UNDERSTAND ITS PROBLEMS AND HOW TO WORK WITH THEM. (TRAINING/LEARNING WHAT IS ADHD)
2. KNOW WHICH ARE THE MOST IMPORTANT POINTS TO WORK ON, TO IMPROVE AND DEVELOP THEM (YOU DONT TEACH WHAT YOU WANT YOU MUST TEACH WHAT THEY NEED)
3. RELATE POINT 2 WITH CHESS. SO, ADAPT CHESS TO THE NEEDS OF THESE CHILDRENS. (PREPARE CHESS EXERCISES ADAPTED TO THE NEEDINGS)
4. AVOID COMPETITION. NOT NECESSARY TO PLAY GOOD CHESS, THE MOST IMPORTANT IS TO LEARN TO THINK, THINK, PLAY AND ENJOY AND IMPROVE YOUR NEEDINGS.

• WHAT WE FIND WITH THEM

- Behaviour Problems
- Memory
- Concentration
- Attention
- Respect of Rules
- Need for Movement, difficult be quiet
- Acceptance of the result
- Frustration in defeat or dissapointed results
- Difficulties in the relationship of equals
- Time Management
- Planning
- Decision Making
- Motivation
- Luck of some kind of Creativity
- Families wants miracles and they want now

www.elajedrezdevictor.es
check and test with your kids
luis B Blue 7





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ACADEMY

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WE HOPE TO SEE ALL OF YOU IN MADRID CHESS CONFERENCE
[HTTP://WWW.MADRIDCHESSCONFERENCE.COM](http://www.MADRIDCHESSCONFERENCE.COM)